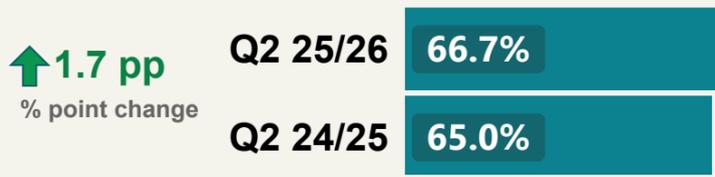


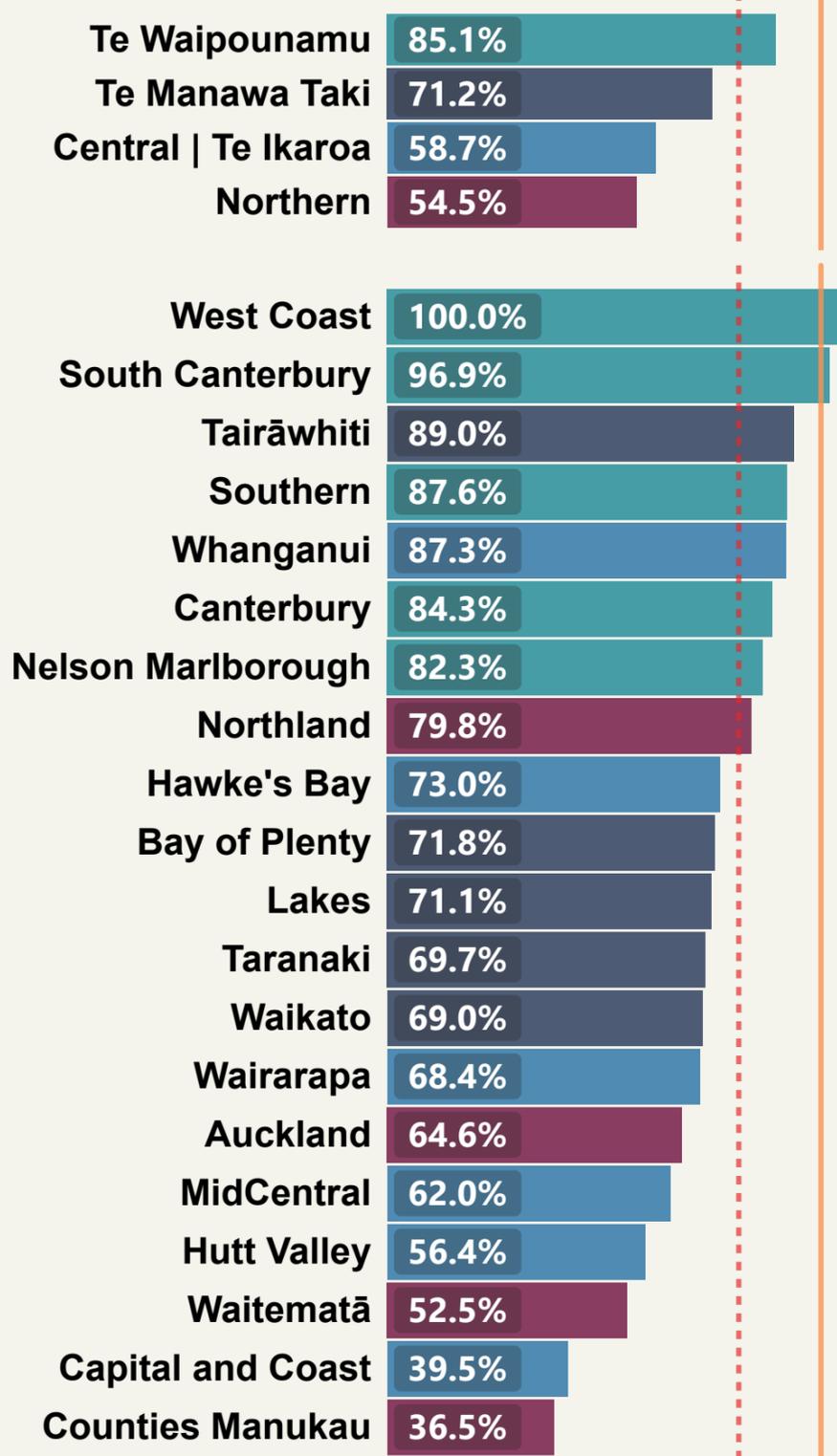
This measure reports the percentage of mental health and addiction-related ED attendances that were admitted, discharged or transferred from an ED within six hours, as a proportion of all mental health and addiction-related attendances.

National result



Māori	Pacific	Asian	Euro/Other	Rural	Urban
66.1%	53.7%	62.8%	68.7%	69.3%	66.3%
65.2%	53.5%	57.3%	66.8%		

Results by region and district



Māori	Pacific	Asian	Euro/Other	Rural	Urban
87.1%	82.0%	78.9%	85.0%	79.5%	85.8%
73.1%	72.0%	71.7%	69.7%	69.9%	71.9%
61.9%	48.8%	58.5%	57.4%	61.1%	58.4%
50.3%	46.1%	57.3%	58.6%	66.1%	53.4%
100.0%			100.0%	100.0%	100.0%
100.0%		100.0%	95.8%	100.0%	95.8%
89.4%	100.0%	50.0%	90.0%	75.0%	89.9%
86.5%	88.9%	66.7%	89.2%	78.0%	89.5%
79.2%	100.0%	100.0%	91.7%	66.7%	90.7%
86.5%	75.0%	82.1%	84.0%	74.1%	85.2%
88.0%	88.2%	75.0%	80.1%	85.2%	81.8%
76.3%	75.0%	75.0%	83.3%	80.7%	78.9%
77.1%	77.8%	77.8%	69.4%	71.1%	73.3%
73.3%	50.0%	71.4%	71.0%	71.7%	71.8%
69.5%	50.0%	87.5%	72.0%	62.1%	75.7%
77.8%	100.0%	66.7%	65.5%	73.5%	68.4%
69.6%	63.6%	69.6%	68.7%	70.1%	68.7%
66.7%	0.0%	100.0%	72.2%	77.8%	66.7%
62.8%	63.0%	66.3%	65.1%	66.7%	64.3%
66.3%	75.0%	60.0%	58.8%	63.4%	61.5%
57.0%	22.2%	74.1%	55.0%	50.0%	57.0%
46.0%	52.8%	58.6%	54.5%	65.2%	51.9%
35.4%	41.2%	38.2%	41.3%	46.0%	38.7%
33.2%	35.8%	43.8%	38.1%	27.3%	37.1%

Milestone Target (dotted line) | Milestone achieved (green) | Partially Achieved (0.1-5 percentage points away from milestone) (light green) | Not Achieved (>5 percentage points away from milestone) (orange)

Comparisons to historic data reflects the first published result. Data is based on point-in-time snapshots and may differ from other published statistics due to differences in timing, methodology, or data sources. Where there are blanks for ethnicity and rurality at district level, this is because no patients with those demographics attended ED with MH&A related presentations this quarter.

Q2 overview

We have increased our commitment to opening crisis cafés in 2025/26 from six to eight, two in each of our four regions. Crisis cafés expand the options for accessing MH&A support closer to home, thereby reducing pressure on EDs. Two existing cafés in Whakatāne and New Plymouth strengthened their services this quarter, with Whakatāne extending opening hours and increasing workforce capacity, and New Plymouth now being delivered by the Taranaki Retreat community provider.

A peer support in EDs service was launched at Dunedin Hospital (Southern) and North Shore Hospital (Waitematā) this quarter, bringing the total number of EDs offering this service to seven. The remaining five EDs offering this service are in Auckland City, Middlemore, Waikato, Christchurch and Wellington. Peer support in EDs is an initiative where people with lived experience of MH&A are employed to work alongside clinical staff to reduce distress, de-escalate situations and connect patients with community services.

All Te Waipounamu districts continue to meet the 2025/26 milestone, driven by monitoring performance, reviewing timeframe breaches, and identifying any factors contributing to delays as part of business-as-usual processes.

Wellington (Capital and Coast) and Hutt Hospitals (Hutt Valley) are strengthening their dedicated mental health ED teams by adding specialty nurses, a nurse practitioner intern, and a consultant psychiatrist to support rapid assessment and senior clinical decision making. These additional initiatives are expected to stabilise growth in ED breaches and improve data confidence throughout the next quarter. Sustained improvement in performance is expected to follow as inpatient flow constraints ease and whole-of-system changes embed over quarters three and four. Data capture in those districts has also improved, with all mental health assessments now recorded in the ED Information System, providing improved visibility of bottlenecks in patient flow which enables targeted actions to reduce wait times.

An Enhanced Crisis Respite Service in Wellington has been fully operational since November 2025, offering an alternative to ED, supporting earlier, safer discharge for people needing short term MH&A support.

Across the Central region, clearer diversion pathways to crisis cafés and community-based alternatives have been optimised to ensure people can access appropriate support outside ED where clinically suitable. The region now routinely reviews all six hour ED breaches in each district, with a standardised escalation pathway and frequent operational huddles embedded in MidCentral to drive performance and improve patient flow options.

A new 15 bed regional specialist MH&A extended care service opened at Manor Park (Hutt Valley) this quarter, relieving pressure across acute inpatient and regional rehabilitation services.

Several initiatives are underway in Counties Manukau to address low performance:

- o A parallel assessment pilot between Mental Health and Emergency Medicine, seeing patients in parallel, to delay time to first assessment is being implemented.
- o 24/7 phone support for emergency housing directly from ED is underway in partnership with Kahui Tu Kaha.
- o Establishment of a Senior Coordinator ED Mental Health role has been fulfilled to support flow of patients to their first assessment.
- o We are adding three high-care beds to increase capacity
- o We are on track to open the second crisis café in the Northern region in quarter three to support improved performance
- o Counties Manukau ED MH&A care model is scheduled for review in quarter three, to identify improvement opportunities.

This measure shows the percentage of people accessing specialist mental health and addiction services seen within three weeks of referral.

National result

		Māori	Pacific	Asian	Euro/Other	Rural	Urban
Q2 25/26	81.9%	83.2%	85.5%	83.5%	80.5%	78.3%	82.5%
Q2 24/25	81.9%	83.3%	85.5%	86.7%	80.0%		

Results by region and district

Region/District	Percentage	Māori	Pacific	Asian	Euro/Other	Rural	Urban
Te Manawa Taki	84.7%	86.4%	87.9%	83.1%	83.4%	82.7%	85.2%
Northern	83.1%	82.3%	87.2%	84.4%	82.3%	72.8%	84.1%
Te Waipounamu	80.4%	84.2%	82.1%	81.2%	79.1%	80.0%	80.4%
Central Te Ikaroa	78.2%	79.9%	78.0%	81.5%	76.9%	74.9%	78.8%
West Coast	98.4%	98.8%	100.0%	100.0%	98.2%	98.3%	100.0%
South Canterbury	94.1%	97.3%	90.0%	100.0%	93.2%	91.6%	94.8%
Taranaki	93.9%	93.7%	100.0%	100.0%	93.8%	94.5%	93.7%
Counties Manukau	88.5%	89.5%	89.8%	85.7%	88.0%	84.4%	88.7%
Hawke's Bay	87.8%	89.1%	86.8%	98.0%	86.5%	85.4%	88.2%
Auckland	85.8%	87.1%	87.6%	84.9%	84.9%	89.9%	85.4%
Waikato	85.5%	90.5%	88.5%	82.8%	81.8%	80.7%	87.2%
Bay of Plenty	83.3%	83.2%	83.3%	81.9%	83.4%	81.3%	83.4%
Waitematā	81.6%	80.6%	84.6%	82.9%	81.1%	83.8%	81.5%
Canterbury	79.2%	86.0%	88.8%	79.2%	77.0%	77.5%	79.4%
Southern	79.2%	81.0%	72.3%	84.7%	78.6%	71.6%	82.5%
Whanganui	78.4%	80.4%	88.9%	50.0%	77.7%	77.0%	78.7%
Capital and Coast	77.8%	76.7%	80.5%	81.7%	77.6%	74.7%	78.2%
Lakes	77.8%	80.5%	75.0%	78.8%	74.5%	79.9%	76.0%
Wairarapa	76.1%	78.0%	66.7%	100.0%	75.0%	80.5%	75.2%
Nelson Marlborough	74.4%	70.3%	65.2%	70.8%	76.0%	71.2%	75.1%
Tairāwhiti	72.3%	72.4%	100.0%	50.0%	69.4%	69.7%	72.6%
Hutt Valley	70.2%	73.6%	67.3%	81.5%	67.6%	64.3%	70.3%
MidCentral	68.2%	71.7%	57.1%	71.2%	66.0%	68.4%	68.2%
Northland	67.1%	66.7%	75.0%	77.8%	67.2%	61.3%	73.4%

Milestone Target: Target achieved: Partially Achieved (0.1-5 percentage points away from target): Not Achieved (>5 percentage points away from target):

Comparisons to historic data reflects the first published result. Data is based on point-in-time snapshots and may differ from other published statistics due to differences in timing, methodology, or data sources.

Q2 overview

Access timeframes for specialist MH&A services in seven out of our 20 districts remain consistently above target. This has been achieved through ongoing monitoring of performance at a service and district level. Dedicated programmes of work ensure improvement for Infant, Child, and Adolescent Mental Health Services (ICAMHS) and addiction services, where performance is most challenged.

ICAMHS across Te Manawa Taki progressed co-ordinated access and flow improvements, including strengthened triage, pathway redesign, and targeted responses for under-11s and both Attention-Deficit/Hyperactivity Disorder (ADHD) and non-ADHD cohorts to reduce wait times and sustain high performance.

Phased roll out of the Choice and Partnership Approach (CAPA) in Te Manawa Taki is underway. The CAPA is a collaborative service model that combines an initial 'choice' appointment, where needs and goals are identified, with a 'partnership' phase, where a plan is agreed. It focuses on offering timely appointments, matching people with the right clinician, reducing wait times to first specialist contact and ensuring services have the capacity to meet demand efficiently.

District-level initiatives are being aligned through regional forums in Te Manawa Taki to ensure consistency, shared learning, and scalable access improvements, especially for lower performing districts such as Tairāwhiti. These initiatives include adolescent pathway redesign, access and entry working groups, and strengthened integration with paediatrics. Other districts in the region are actively supporting Tairāwhiti and Lakes districts (which are smaller and harder-to-staff) through shared senior medical officer cover, clinical supervision and governance oversight, and ensuring continuity of specialist input while permanent recruitment continues.

As reported in quarter one, there are ongoing data accuracy issues for Northland with the transition to the MyWai patient management system. This is being investigated further and we are currently supporting kaimahi to record and capture their work, supporting the reporting of activity.

This measure shows the percentage of people accessing primary mental health and addiction services through the Access and Choice programme within one week.

National result

↓ -0.9 pp
% point change

Q2 25/26

83.0%

Q2 24/25

83.9%

Māori	Pacific	Asian	Euro/Other	Rural	Urban
82.0%	84.6%	86.0%	82.6%	85.6%	82.3%
84.0%	85.0%	86.1%	83.3%		

Results by region and district

Region/District	Overall	Māori	Pacific	Asian	Euro/Other	Rural	Urban
Northern	85.7%	85.6%	86.3%	87.3%	84.8%	88.5%	85.1%
Te Manawa Taki	82.8%	82.8%	87.6%	84.1%	82.6%	86.0%	81.8%
Te Waipounamu	82.0%	78.8%	80.3%	84.2%	82.4%	86.0%	80.5%
Central Te Ikaroa	78.1%	76.8%	74.2%	79.9%	78.7%	77.9%	78.2%
Northland	88.5%	89.8%	79.5%	84.2%	88.2%	90.1%	85.9%
Southern	87.9%	84.6%	86.0%	87.2%	88.5%	88.8%	87.2%
West Coast	87.4%	78.2%	100.0%	100.0%	88.5%	87.5%	75.0%
Counties Manukau	85.9%	80.1%	88.7%	86.8%	86.4%	86.8%	85.8%
Wairarapa	85.5%	81.3%	71.4%	80.0%	87.1%	86.3%	85.3%
Auckland	85.4%	85.0%	85.2%	86.9%	84.4%	88.2%	85.3%
Bay of Plenty	84.8%	85.1%	92.9%	83.6%	84.6%	94.8%	84.2%
Waitematā	83.7%	85.7%	80.0%	88.3%	81.4%	73.2%	84.0%
Lakes	83.4%	86.6%	76.9%	76.5%	82.0%	80.0%	86.4%
Whanganui	81.9%	83.3%	82.4%	93.8%	80.9%	88.0%	80.1%
Waikato	81.8%	79.0%	84.1%	85.7%	83.0%	88.7%	76.4%
Capital and Coast	81.4%	75.1%	83.5%	84.1%	82.1%	73.4%	83.3%
Canterbury	79.3%	75.8%	77.4%	82.8%	79.4%	84.2%	78.5%
Hawke's Bay	78.3%	78.3%	84.7%	84.7%	77.5%	80.8%	77.9%
Nelson Marlborough	77.9%	73.5%	75.0%	94.2%	77.9%	79.3%	77.4%
Taranaki	76.6%	75.4%	92.9%	100.0%	75.9%	85.0%	72.5%
MidCentral	75.9%	75.6%	72.2%	80.3%	75.8%	76.1%	75.6%
South Canterbury	72.2%	73.2%	66.7%	63.6%	72.7%	76.1%	70.9%
Hutt Valley	70.8%	69.1%	57.4%	71.8%	73.2%	70.0%	71.0%
Tairāwhiti							

Milestone Target

Target achieved

Partially Achieved (0.1-5 percentage points away from target)

Not Achieved (>5 percentage points away from target)

Comparisons to historic data reflects the first published result. Data is based on point-in-time snapshots and may differ from other published statistics due to differences in timing, methodology, or data sources. West Coast/Hutt Valley do not have any rural/urban results as the district is considered fully rural/urban, and no patients received care out of district this quarter. Tairāwhiti is blank as services are not delivered in the same way as other districts, so data is not comparable.

Q2 overview

Performance against the target remains steady, even though Access and Choice services are supporting more people, and we are now counting “Youth” Access and Choice providers in the reporting of results from quarter one 2025/26. The only region not meeting the target is Central | Te Ikaroa, although three out of its six districts did achieve the target. While Te Waipounamu region did achieve the target, this is due to high performance by two out of its five districts.

It is encouraging to see several districts with significant rural populations performing well in this measure.

West Coast (best performing district in quarter one) continues to maximise its small workforce to provide Integrated Primary MH&A services access across the district, trialling alternative approaches in areas with recruitment challenges such as Reefton and Westport.

South Canterbury’s result in this quarter was affected by vacancies and data capture issues.

As part of our Access and Choice Action Plan, Health NZ is working with providers to improve patient encounter rates and lift data quality to support future planning. Clearer expectations for access-performance are reinforced through routine reporting and follow-up with providers.

Increased mental health and addiction workforce development

Target = 500 more trained yearly

This measure shows the number of mental health and addiction professionals trained each year in New Zealand.

National result



Increased mental health and addiction workforce development

514

Target 500

Q2 overview

In the 2025 academic year 514 people in the identified professions commenced training, exceeding the target.

The total is made up of 392 New Entry to Specialist Practice allied health and nursing roles, 74 clinical psychology interns and 48 stage one psychiatry trainees.

The target was reached through regional and district teams supporting employment to target roles.

Strengthened focus on prevention and early intervention

25/26 milestone = 23.9% | 2030 target = 25%

This measure presents the proportion of mental health and addiction ringfenced investment allocated to prevention and early intervention.

National result



Strengthened focus on prevention and early intervention

25.0%

Target 25%

Milestone 23.9%

Q2 overview

A national multi-media [Top Up Wellbeing Campaign](#) has been running across multiple platforms including TV, radio, outdoor advertising posters and social media channels since August 2025.

As at 31 December 2025, the campaign has:

- delivered 34.4 million views of advertising (online display banners, social and video)
- received 424,453 clicks and 343,691 actions on the Top Up website
- reached 57.2% of adults aged 18 and over through television.

\$4,677,936 is budgeted for this campaign which is planned to run through to 30 June 2027.

Applications for Top Up community grants, administered by the Mental Health Foundation, have closed, and contract negotiations are underway.