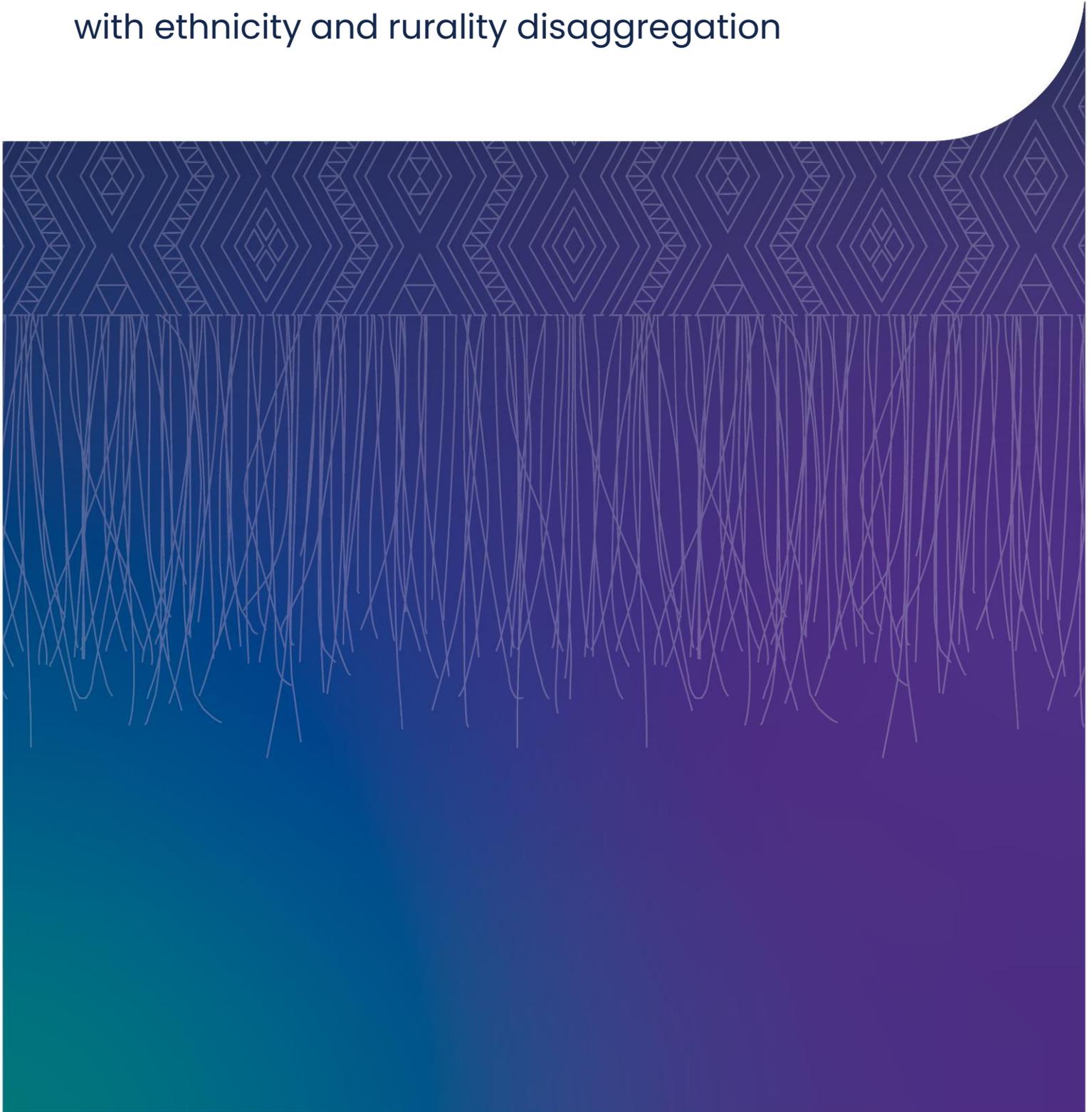


Q1 2025/26 mental health and addiction target results

with ethnicity and rurality disaggregation



Faster access to specialist mental health and addiction services

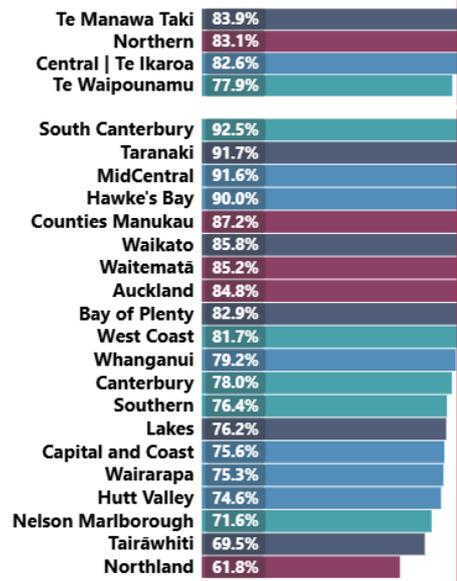
The percentage of people accessing specialist mental health and addiction services seen within three weeks of referral. 2030 target is 80% |.

National result



Māori	Pacific	Asian	Euro/Other	Rural	Urban
83.6%	85.8%	84.9%	80.6%	78.8%	82.8%
82.5%	85.6%	83.5%	78.1%		

Results by region and district



85.3%	86.4%	83.4%	82.8%	84.5%	83.6%
82.5%	86.5%	86.7%	81.5%	69.3%	84.6%
84.3%	85.0%	79.0%	81.7%	83.8%	82.3%
81.7%	79.5%	79.7%	76.6%	77.0%	78.2%
94.6%	100.0%	100.0%	91.4%	91.4%	92.9%
92.6%	87.5%	100.0%	91.2%	90.7%	92.1%
93.2%	88.9%	97.3%	90.5%	92.2%	91.2%
90.3%	86.4%	91.7%	90.0%	87.1%	90.3%
88.8%	87.7%	88.8%	84.8%	82.1%	87.4%
87.5%	93.1%	88.6%	83.8%	83.5%	86.6%
86.3%	87.5%	86.2%	83.8%	88.2%	85.0%
86.5%	84.0%	86.0%	83.7%	91.5%	84.4%
84.1%	82.9%	76.2%	82.6%	86.1%	82.4%
82.6%	100.0%	66.7%	81.4%	81.0%	95.5%
77.9%	88.9%	61.5%	80.4%	78.0%	80.0%
84.4%	76.0%	77.3%	76.0%	77.2%	78.0%
76.9%	83.3%	84.8%	75.8%	74.0%	77.5%
83.6%	58.8%	70.8%	69.0%	82.8%	72.0%
74.9%	85.5%	81.5%	73.7%	73.4%	75.9%
81.3%	100.0%	80.0%	71.6%	71.8%	75.5%
79.1%	72.2%	54.9%	74.2%	81.4%	74.1%
72.2%	75.9%	77.8%	71.1%	66.1%	72.8%
67.5%	66.7%	40.0%	75.2%	66.7%	69.7%
62.5%	62.5%	71.4%	60.5%	56.9%	67.8%

Faster access to primary mental health and addiction services

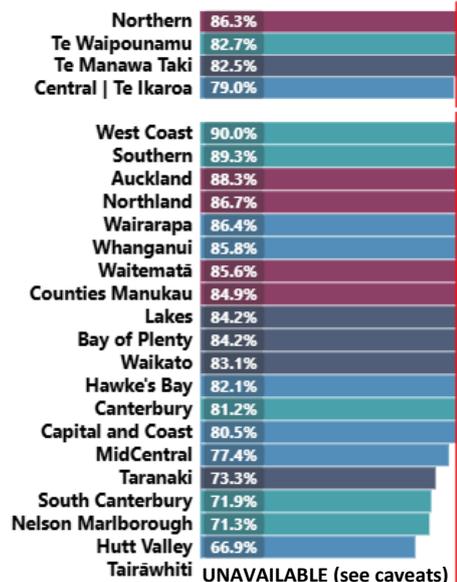
The percentage of people accessing primary mental health and addiction services through the Access and Choice programme within one week. 2030 target is 80% |.

National result

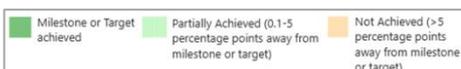


Māori	Pacific	Asian	Euro/Other	Rural	Urban
82.5%	87.4%	86.4%	82.6%	85.9%	82.8%
81.9%	81.6%	83.7%	80.0%		

Results by region and district



85.4%	89.6%	87.7%	84.9%	88.6%	85.8%
81.6%	84.1%	87.1%	82.5%	85.4%	82.1%
82.4%	82.2%	83.8%	82.4%	85.1%	82.0%
78.2%	79.1%	78.2%	79.4%	82.0%	78.5%
90.9%	100.0%	70.0%	90.2%	89.9%	
86.9%	92.1%	89.4%	89.6%	88.2%	89.9%
88.3%	90.2%	90.9%	84.9%	89.3%	88.4%
88.5%	86.5%	76.0%	86.0%	89.2%	82.4%
83.2%	100.0%	71.4%	87.4%	100.0%	86.3%
83.2%	83.3%	75.0%	87.5%	93.8%	83.8%
86.8%	89.8%	87.8%	83.9%	69.0%	85.8%
78.8%	89.5%	83.7%	85.6%	92.8%	84.6%
82.0%	84.2%	82.2%	86.0%	81.6%	86.2%
85.3%	81.8%	86.2%	83.7%	89.0%	84.2%
83.1%	83.0%	85.4%	82.8%	84.7%	82.6%
83.4%	79.6%	84.9%	81.3%	89.7%	81.3%
79.7%	79.0%	87.3%	80.6%	84.6%	80.9%
77.0%	87.9%	85.4%	79.6%	66.8%	82.7%
74.7%	78.6%	77.6%	78.3%	85.5%	73.3%
71.5%	80.0%	64.0%	74.1%	91.6%	68.0%
70.3%	44.4%	72.4%	72.4%	69.5%	72.5%
74.1%	68.4%	80.2%	70.4%	71.0%	71.4%
64.7%	63.2%	66.7%	68.5%		66.9%



Shorter mental health and addiction-related stays in EDs

The percentage of mental health and addiction-related ED attendances that were admitted, discharged or transferred from an ED within six hours, as a proportion of all mental health and addiction-related attendances. 2025/26 milestone is 77% |; 2030 target is 95% |.

National result



Māori	Pacific	Asian	Euro/Other	Rural	Urban
69.3%	53.5%	59.0%	67.5%	69.0%	66.5%
67.5%	50.3%	53.8%	63.5%		

Results by region and district

